

CLUB	LAST CLASS OF 2024	FRIST CLASS OF 2025
Peterhead	Thursday 19th December	Tuesday 7th January 2025
Aberdeen	Wednesday 18th December	Monday 6th January 2025

## Training Course and Colour Belt Grading Test

Saturday 14th December 2024 10.00AM START

will be held at Oldmachar Church, Bridge of Don, Aberdeen. Application forms are being emailed to everyone and copies at class too. Registration and sign-in for the training course will be at **10.00am and finish time of 11.30am**. All Tae Kwon-Do Students serious about becoming a black belt and black belt progression should attend. Everyone who attends will be eligible to grade/pregrade on the day. You get 3 *signatures* in your membership booklet, which will help speed up your progression to Black Belt and Black Belt Progression.

The grading tests will commence at 12.00 noon and should finish by approximately 2:00pm, but please remember all these times are approximate times. Please be back at 1.30pm. (Note finish time). If you are not staying to watch please be prompt to collect your child. If you have any queries about the course or the grading test please see your instructor at class. We are all happy to help but remember that we do need to know about any questions you may have. Please note, times are approximate.

## Christmas Gift Ideas

Anyone who would like a new Taekwon-do suit (dobok), sparring equipment or shoes please email [k1.tkduk@gmail.com](mailto:k1.tkduk@gmail.com). If it is a Christmas gift or present then please let us know so that we can get this to you before Christmas.



**Training Games and PRIZES!**

**Aberdeen  
Bridge of Don—  
Wednesday  
18th December**

**Peterhead—  
Thursday  
19th December**

### November Grading Aberdeen



Pictured above with Senior Master Murdoch, 8th Dan, are the instructors and students who attended the November Aberdeen training course and grading exam. Thank you to Mr Grieve, 3rd Dan who assisted at the grading test.

#### Grading Winners November



Karolina Martincova (Aberdeen Uni) was the winner of the Grading Trophy and Rachel Gordon (Aberdeen Uni) was awarded the Grading Shield at the November grading. Well done Karolina and Rachel.

#### Black Belt Promotion



At the October grading and training course Niks Ansons of the Peterhead Club promoted to 1st Dan Black Belt. Pictured on the left is Mr Ansons.

Well done on promoting to black belt and keep up the high standards.

### Congratulations

